

# Is there any treatment that can be done on my child's teeth that can prevent cavities?

Application of sealants to your child's permanent molars can prevent cavities on the chewing surfaces. It is an easy and completely pain-free procedure that can last for years.

This procedure should not replace good oral health and children should be supervised to brush their teeth twice a day. Speak to your dentist if you are unsure of a good brushing technique.